

## Volunteer



### Volunteer Thursday Social Assistant

Weekly on Thursdays | 12:30 PM – 4:30 PM

Rest Stop Ranch is a trusted and inclusive community destination for respite, recreation, education, and healing throughout and beyond the long-term-care journey. We provide spiritual-psycho-social-emotional support to long-term-care givers and receivers. We are seeking a compassionate, hospitality-minded volunteer to support our casual weekly gathering, the Thursday Social, ensuring our guests feel welcomed and refreshed.

#### The Successful Candidate for Thursday Social Assistant will:

- **Facilitate Hospitality:** Prepare and serve tea and coffee for caregivers and care receivers in the Caretaker's Cottage.
- **Provide Companionship:** Offer a warm welcome and a listening ear to support social connection and emotional well-being.
- **Manage Environment:** Ensure the Caretaker's Cottage remains tidy, comfortable, and welcoming throughout the event.

- **Maintain Safety:** Effectively communicate Rest Stop Ranch rules in a non-threatening manner.
- **Adhere to Care Policies:** Strictly follow the policy that staff and volunteers are not responsible for direct guest assistance, including dressing, eating, ambulating, or toileting hygiene .

### Required Training & Skills

- **Orientation:** Volunteers are oriented and paired with a member of our team to perform tasks; additional on-the-job training is provided as needed.
- **Compassion & Empathy:** A strong desire to act for the mission and vision of Rest Stop Ranch and support those on the long-term-care journey.
- **Communication:** Able to talk informally to adults in groups and one-on-one.
- **Reliability:** Ability to commit to a regular weekly schedule as outlined in the program calendar.

### The Ideal Candidate

- **Lived Experience:** Personal experience as a care partner or having a family member with long-term illness or disability is highly recommended.
- **Positive Attitude:** Contributing with a positive, "can-do" attitude with all guests and team members.

### 2026 Program Calendar

**The event occurs weekly on Thursdays from 1:00 PM – 4:00 PM; the volunteer commitment is 12:30 PM – 4:30 PM to allow for setup and cleanup.**

### Safety & Care Policy

For insurance and safety purposes, Rest Stop Ranch staff and volunteers do not provide direct physical assistance (lifting, toileting, or wheelchair transfers). Guests who require such assistance must bring a care partner and use their own mobility equipment.

### How to Apply:

Rest Stop Ranch volunteers must be at least 14 years old and follow the professional dress code outlined in our handbook . To apply, please send a Rest-Stop-Ranch Member Application and cover letter to:

- **Email:** [volunteer@rest-stop-ranch.org](mailto:volunteer@rest-stop-ranch.org)
- **Online:** Download application at [rest-stop-ranch.org/volunteer](https://rest-stop-ranch.org/volunteer)
- **Handbook:** Review all best practices in our 2025 Volunteer Handbook. [https://rest-stop-ranch.org/wp-content/uploads/2026/02/2025\\_Handbook-1.pdf](https://rest-stop-ranch.org/wp-content/uploads/2026/02/2025_Handbook-1.pdf)