

2022-2023 | WINTER PROGRAM

Memory Café



at Topsfield Library

1 South Common Street, Topsfield, MA



All Are Welcome, Free-of-Charge!

Join us 10am-12pm • Once-a-month

Guests who require assistance must bring a care partner.

Enjoy a cup of coffee with friends. Make a take-home craft with living and dried plants.

A Memory Café is a friendly gathering space where individuals with memory loss & their care-partners can relax, find friends and mutual support. Join us for laughter, love, information, networking, art, music, dance and poetry. Community members who wish to “come and see” the program are welcome.



Paperwhite Mason Jars

November 12, 2022



Pine Cone Feeders

December 10, 2022



Desert Terrarium

January 14, 2023



**Valentines with
Dried Flowers**

February 11, 2023



Sun Hats

March 11, 2023

This program is inclusive of people living with Memory Hiccups, Mild Cognitive Impairment, Dementia, Alzheimer's Disease, Down Syndrome or Traumatic Brain Injury with Dementia, etc.

This program is supported by Topsfield Council on Aging, Topsfield Friends of the COA, Topsfield Library, and Rest-Stop-Ranch Respite Retreat Center.

Rest ■ Stop ■ Ranch
Respite Retreat Center

Walk-ins / Wheel-ins Welcome! RSVP Appreciated.
Call or Text Mary @ 978-887-4202