

WINTER
2019-2020

Supporting Care-Partners & people living with dementia and/or disabilities with FREE PROGRAMS

Date Program *All Programs are hosted free-of-charge. Donations gratefully accepted.*

Nov. 14 **GROUP SUPPORT**, meets 2nd and 4th Thurs. of the month, 6pm - 7:30pm.
Dec. 12 For care-partners, caring for a loved one with dementia
Jan. 9 & 23 (All Ages, All Types, including FTD & Younger Onset ALZ).
Feb. 13 & 27 Registration required ~ please contact us.
Mar. 12 & 26

Nov. 16 **MEMORY CAFÉ**, at Topsfield Library,
Dec. 14 1 South Common Street, Topsfield
Jan. 11 Saturday, 10am - 12pm.
Feb. 8 For people living with dementia & care-partners.
Mar. 14 People who require assistance must bring
a care-partner.

INDIVIDUAL SUPPORT, by appointment.
For care-partners, age 8-88+,
spiritual care & respite retreats.



Celebrate Mid-Winter with us!
Enjoy a Bonfire and light Refreshments.
Sat., Feb. 8th, 1-3pm (snow date Sat. Feb.22).
RSVP Appreciated.

Rest ■ Stop ■ Ranch[®]

Respite Retreat Center & Accessible Gardens

for care-partners & people living with dementia and/or disabilities

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